February 18-19 2017 American River College: 4700 College Oak Dr. Sacramento, CA 95841

General Admission \$15 4 and under free

- **Division for 1st Timers**
- **Board Breaking** ٠
- Sport Poomsae for **Black Belts**
- Preparation for the **USAT & AAU Qualifiers**
- Early Registration Discount



ONAL



Contact Info: Master Clinton Robinson (916) 332-6979



February 18th & 19th, 2017

American River College, 4700 College Oak Drive, Sacramento, CA 95841 Register online at: WWW.SACINVITATIONAL.COM Info: (916) 332-6979

Message from the Tournament Director



Master Clinton S. Robinson

Dear Grandmasters, Masters, Instructors, Competitors, Referees and Parents,

It is with Great honor that Grandmaster and I invite you to participate in the 15th Annual Sacramento Invitational Taekwondo Championship on February 18th & 19th, 2017. This Championship will be held at the American River College.

The Sacramento Invitational is committed to providing a level of competition for all ages and ranks from beginners to the national level. Our Taekwondo Tournament is for competitors who are seeking quality competition. Our tournament staff is committed to making this event as fair and enjoyable for all participants as possible. We are continually refining various aspects of our tournament production to better the overall tournament experience.

This prestigious event is known for Electronic Scoring by True Score, Certified Black Belt Judges and fully padded competition rings. Our competition is used by many athletes to prepare for national level tournaments.

We look forward to seeing you February 18th & 19th, 2017 at the Sacramento Invitational Taekwondo Championship.

Sincerely,

Tournament Director



Register online Early and SAVE \$20 Early Registration Ends Saturday, January 28, 2017 Discount Code: sacnow

Online Registration Ends Saturday, February 11, 2017

Friday, February 17, 2017						
Event	Location	Time				
Color Belt Weigh-in (Weigh in is only required for sparring competitors)	6840 Watt Ave, North Highlands, CA 95660	5:00 PM - 10:00 PM				
Referee Seminar	6840 Watt Ave, North Highlands, CA 95660	8 PM - 10 PM				
Saturday, February 18, 2017						
Ticket Booth Opens	American River College-Main Gymnasium	7:30 AM				
Volunteer Check-in	American River College-Main Gymnasium	7:30 AM				
Early Weigh-ins	American River College-Main Gymnasium	7:30 AM - 8:15 AM				
Competitor Card Pick Up and Check-in	American River College-Main Gymnasium	8:00 AM - 8:45 AM				
Doors Open	American River College-Main Gymnasium	8:00 AM				
Poomsae & Sport Poomsae Competition Begins	American River College-Main Gymnasium	9:00 AM				
Board Breaking Competition Begins	American River College-Main Gymnasium	11:00 AM				
Late Weigh-ins	American River College-Main Gymnasium	9:00 AM - 10:00 AM				
Lunch Break & Brackets will be Posted		11:30 AM				
Sparring Competition Begins	American River College-Main Gymnasium	12:30 PM				
Black Belt Weigh-ins	American River College-Main Gymnasium					
Sur	nday, February 19, 2017					
Late Black Belt Weigh-ins	American River College-Main Gymnasium	8:00 AM				
All Black Belt Sparring	American River College-Main Gymnasium	9:00 AM				

BE ON TIME!



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Directions from San Francisco

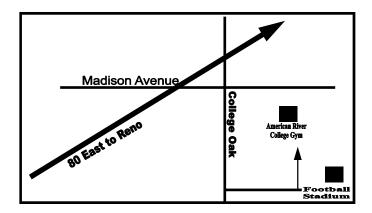
I-80 E

Exit 96 Madison Ave (Turn Right)

Take Madison Ave to College Oak (Turn Right)

Take College Oak to 4th traffic light (Turn Left)

Park in parking garage. Gymnasium is left of Parking Garage



Directions from Reno

I-80 W

Exit 96 Madison Ave (Turn Left)

Take Madison Ave to College Oak (Turn Right)

Take College Oak to 4th traffic light (Turn Left)

Park in parking garage. Gymnasium is left of Parking Garage



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COMPETITION RULES & REGULATIONS

The Organizing Committee recognizes that each school may have a different belt color system. Please refer to the rank & color chart below and register yourself to compete in the approved USAT/WTF belt color and rank.

COLOR BELT CHART

Rank	10-9-8-7	6-5	4-3	2-1	Poom-Dan
USAT/Kukkiwon Belt Colors	White-Yellow-Orange	Green-Purple	Blue	Brown-Red	Black
Poomsae: Taeguek	1 or 2	3 or 4	5 or 6	7 or 8	Designated Rank

POOMSAE: Poomsae competitors must perform only the Poomsae designated for their specific rank. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Authorized Poomsae are those approved by the World Taekwondo Federation: Taeguek 1-8 and black belt Poomsae:

KYOROOGI: The current USAT competition rules will govern this championship. The Organizing Committee may modify some rules according to the local conditions. It also reserves the right to combine or divide weight categories depending on the number of players in their respective groups. The Sacramento Invitational Tournament Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. In the event that the Tournament Committee cannot find a suitable match, we will attempt to arrange an exhibition match. If a suitable match cannot be made, you will be awarded a gold medal for an uncontested win. There will be no refund due if no suitable match can be made.

KYOROOGI Rule for Ages 7 & Under (All Belts) and Ages 11 & Under (Color Belt Divisions)

Sparring competitors, ages 11 & under (color belts) and 7 & under (all belts), may not make head contact at any time during the competition. Any competitor who executes a technique to the head area will be subject to one of the following actions:

- 1. Any technique attempted to the head area but does not make contact will be given a warning by the referee (Kyong-go).
- 2. Any technique which causes injury to the head area will result in a one-point deduction by the referee (Gamjeom)
- 3. If the competitor cannot continue because of injury caused by contact with the head area, the attacker will be disqualified.
- 4. The referee, with or without consultation with the tournament medical staff, shall determine if there is an injury and if the attack is excessive or non-excessive.
- Note: Inability to continue competition because of fright, crying or loss of will following a legal kick to the body, does not constitute grounds for disqualification of the attacker.

KYOROOGI Rules for Competitors Ages 8-11 (Black Belts), Ages 12-14 (All Belts), and Ages 15-17 (Color Belts)

- 1. The competitor is allowed to kick to the facial area; however, the kick must be LIGHT contact with appropriate control without causing any injury or excessive contact, or the appropriate penalty shall be invoked.
- 2. The competitor who executes a successful technique (light contact without causing injury) shall be awarded three (3) points.
- 3. The competitor who executes a kick to the face which results in a minor injury, shall receive a one-point deduction ("Gam-jeom"). A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The referee, with or without consultation with the tournament medical staff, shall determine if the abrasion or bleeding is a minor injury and if the attack is a non-excessive one.
- 4. The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified. The referee, with or without consultation with the tournament physician, shall determine if an excessive contact, and if the injury is a major one.

Note: Inability to continue because of fright, crying or loss of will, following a LEGAL kick to the head, does not constitute grounds for disqualification of the attacker.

Excessive contact to the facial or head area:

- 5. Even in the absence of visible injury, such as slight bleeding or abrasion, the referee may deem the contact to be excessive and declare the appropriate penalty.
- 6. Where Junior Competition Rules are in effect per USAT Article 1.B, the competitor who executes a successful technique to the face (light, controlled contact without causing any injury) shall be awarded three points. This is to better align with current WTF standards; however, the criteria for "excessive contact" will continue to be strictly enforced.
- 7. 8-Count: Under Junior Competition Rules, the referee should NOT give an 8-count for ANY technique, even a legal one, to the head area; if a kick to the head is powerful enough to warrant an 8-count it should be considered excessive, and the appropriate penalty should be declared. However, the referee can and should begin an 8-count for a legal kick to the trunk area that results in a knock-down condition.

Current USAT KYOROOGI Rules will apply for Competitors Ages 15-17 Black Belts & Senior Division (All Belts)

1. Point System

V				
Competition Category	Kick/Punch to Body	Turning Kick to Body	Kick to Head	Turning Kick to Head
Black Belts (15-17) & 18 + (All Belts)	1 Point	3 Points	3 Points	4 Points
Black Belts 8-11 & 12-14	1 Point	3 Points	3 Points	4 Points
Black Belts 7 & Under	1 Point	3 Points	N/A	N/A
Color Belts 12 - 17	1 Point	3 Points	3 Points	N/A
Color Belts 4 - 11	1 Point	3 Points	N/A	N/A



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Daedo Electronic Hogu will be used for All Black Belt Divisions. Daedo Socks are required. You may purchase Daedo Socks on their website at: http://www.daedousa.com/electronic-foot-sensor-socks.html

KYOROOGI WEIGHT DIVISIONS

Attention

The 12 point Gap and 20 point ceiling will be used for this Tournament for **ALL Divisions**

Weigh-Ins

Friday, February 17th 5 PM - 10 PM

<u>ALL Sparring Competitors</u> <u>Must Weigh In!!</u>

Boys Weight (lbs)	Girls Weight (lbs)
66.0 lbs. & Under	66.0 lbs. & Under
66.1 - 77.0 lbs.	66.1 - 77.0 lbs
77.1 - 90.2 lbs.	77.1 - 90.2 lbs
90.3 - 101.2 lbs.	90.3 - 101.2 lbs
101.3 - 115.0 lbs.	101.3 - 115.0 lbs
115.1 lbs. & Over	115.1 lbs. & Over

Black Belt 10-11

Black Belt 12-14

Boys Weight (lbs)	Girls Weight (lbs)
75.0 lbs. & Under	70.0 lbs. & Under
75.1 - 87.0 lbs.	70.1 - 82.0 lbs.
87.1 - 100.0 lbs.	82.1 - 94.0 lbs.
100.1 - 112.0 lbs.	94.1 - 106.0 lbs.
112.1 - 125.0 lbs.	106.1 - 120.0 lbs.
125.1 lbs. & Over	120.1 lbs & Over

Black Belt 15-17

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	105.8 lbs. & Under (48 kg)	97.0 lbs & Under (44 kg)
Bantam/Feather	105.9 - 121.3 lbs. (48-55 kg)	97.1 - 108.0 lbs (44-49 kg)
Light/Welter	121.4 - 138.9 lbs. (55-63 kg)	108.1 - 121.3 lbs (49-55 kg)
Light Middle/Middle	139.0 - 160.9 lbs. (63-73 kg)	121.4 - 138.9 lbs (55-63 kg)
Light Heavy/Heavy	161.0 lbs. & Over (73kg & Over)	139.0 lbs & Over (63 kg & Over)

Black Belt 18-32

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	127.9 lbs. & Under (58 kg)	108.2 lbs & Under (49 kg)
Bantam/Feather	128.0 - 150.4 lbs. (58-68 kg)	108.3 - 125.8 lbs (49-57 kg)
Light/Welter	150.5 - 176.5 lbs. (68-80 kg)	125.9 - 147.8 lbs (57-67 kg)
Middle/Heavy	176.6 lbs. & Over (80 kg & Over)	147.9 lbs & Over (67 kg & Over)

All Color Belts, All Ages & Black Belt Ages 9 & Under and 33 & Above

MALE DIVISIONS			F	EMALE DIVISION	S	
AGES	LIGHT	MIDDLE	HEAVY	LIGHT	MIDDLE	HEAVY
5 & Under	42.7 lbs. & Under	42.8 - 55.0 lbs.	55.1 lbs. & Over	40.0 lbs. & Under	40.1 - 55.0 lbs	55.1 lbs. & Over
6-7	50.0 lbs. & Under	50.1 - 65.0 lbs.	65.1 lbs. & Over	47.5 lbs. & Under	47.6 - 66.7 lbs	66.8 lbs. & Over
8-9	65.0 lbs. & Under	65.1 - 80.0 lbs.	80.1 lbs. & Over	64.7 lbs. & Under	64.8 - 79.7 lbs	79.8 lbs. & Over
10-11	81.0 lbs. & Under	81.1 - 96.7 lbs.	96.8 lbs. & Over	82.0 lbs. & Under	82.1 - 97.0 lbs	97.1 lbs. & Over
12-14	103.0 lbs. & Under	103.1 - 118.0 lbs.	118.1 lbs. & Over	105.0 lbs. & Under	105.1 - 120.0 lbs	120.1 lbs. & Over
15-17	137.0 lbs. & Under	137.1 - 152.0 lbs.	152.1 lbs. & Over	117.0 lbs. & Under	117.1 - 132.0 lbs	132.1 lbs. & Over
18-32	157.0 lbs. & Under	157.1 - 170.0 lbs.	170.1 lbs. & Over	125.0 lbs. & Under	125.1 - 147.0 lbs	147.1 lbs. & Over
33-39	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
40-49	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
50 & Over	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over

Duration of Rounds:						
Age 11 & Younger All Belts	Age 12 & Older All Belts	Age 15 - 32 Black Belts	Age 15 - 32 Black Belt Finals			
2 - 60 Second Rounds	2 - 60 Second Rounds	2 - 90 Second Rounds	3 - 90 Second Rounds			
20 8						

30 Second rest between rounds. All Rounds stated may be changed if deemed necessary

<u>Kvorooogi Divisions:</u> The Sacramento Invitational Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. In the event that the Tournament Committee cannot find a suitable match, we will attempt to arrange an exhibition match. If a suitable match cannot be make, you will be awarded a gold medal for an uncontested win.

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School Name								
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LIABILITY WAIVER FORM, ASSUMPTION OF THE RISK DECLARATION AND RELEASE AND INDEMNIFICATION AGREEMENT FOR THE 2017 15th ANNUAL SACRAMENTO INVITATIONAL TAEKWONDO CHAMPIONSHIP February 18 & 19, 2017

*Pre-Register and Save at www.sacinvitational.com.



In consideration for the privilege of participation in The 2017 15th Annual Sacramento Invitational Taekwondo Championship, I hereby assume the risk during participation, and waive any and all rights to recovery from, (for personal injury sustained during The 2017 15th Annual Sacramento Invitational Taekwondo Championship), and subsequently hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, American River College, Volunteers and any agents, representatives or spokespersons of such above mentioned entities.

The AGREEMENT shall apply to any form of participation related to the Tournament and is not limited to: general participation, traveling to and from the competition, competing during the competition, watching others compete, coaching, aiding participate, as well as any and all activities related to the Tournament.

As a participant, I recognize and assume the risk that, as a participant in the Fighting Competitions, other participants and competitors will be using all techniques possible to win such competitions. As a result of such techniques, I assume the risk that I will be subject to KICKS TO VARIOUS PARTS OF THE BODY, PUNCHES TO VARIOUS PARTS OF THE BODY AND GENERAL COMBATIVE TECHNIQUES, which may result in injury.

I certify that I am healthy and have not been advised by any doctor, coach, or trainer not to compete for medical or other reason. In addition, I hereby grant permission for trained medical technicians to provide first aid to me in the event of an injury, and such, will hold harmless such technicians for all services performed in a reasonable manner. I hereby accept any and all financial obligations incurred as a result of such immediate medical treatment and subsequent related costs. I agree to indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, American River College and any agents, representatives, or spokespersons of such above mentioned entities, for all costs related to treatment administered during Tournament.

I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto.

I certify that I am familiar with the rules, sports, and nature of Taekwondo. I realize as a participant, there is a high risk of injury due to the very nature of Taekwondo. I assume all risks related to this Tournament and hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, American River College, Volunteers and any agents, representatives, or spokespersons of such above mentioned entities.

This Waiver and assumption of the risk shall apply to all participants, heirs, assigns, parents, guardians, executors, and as such I agree to hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, Sacramento Memorial American River College, Volunteers and any agents, representatives, or spokespersons for such above mentioned entities

SIGNEDContestant	Parent/Guardian if un	DATE
Contestant	Parent/Guardian if un	DATE ler 18 years of age
Emergency Contact:		
Name:	Relationship	Phone
Medical Insurance Information:		
Insurance Co:	Policy #	Exp Date:
Subscriber's Name	Relationship	_Phone
Address	City	StateZip
Mail completed application along with payment to:	Regist	er Online Early
ROBINSON'S TAEKWONDO 6840 Watt Ave North Highlands, CA 95660	an	d SAVE \$20
(916) 332-6979	Discour	nt Code: sacnow



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OFFICIAL COACHES/MASTERS APPLICATION

*Pre-Register and Save at www.sacinvitational.com

Full Name	(Las	t, First)	Phon	e ()	
Address			City	Zip	
D.O.B.	Age	Rank			
School Name		Instr	ructor's Name		
Address		City	Zip	Phone	
I am applying for	Coach Pass	Master Pa	iss		

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the said 2017 15th Annual Sacramento Invitational Tae Kwon Do Championship and hereby assume full responsibility for any and all damages, injuries or losses that I may sustain or incur, if any, while attending or participating, and I waive all claims against the promoters, operators and sponsors of said 2017 15th Annual Sacramento Invitational Tae Kwon Do Championship, individually or otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion or television shows, and I waive compensation in regards thereto. If under 18 years of age this release and consent must also be signed by parent or guardian.



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REFEREE APPLICATION

Robinson's Taekwondo would be honored to have you serve as Tournament Referee at the upcoming event on Saturday February 18th & 19th, 2017 at American River College. Each Referee will receive:

- 1. Donuts in the morning in the Hospitality Room
- 2. Lunch during the luncheon intermission
- 3. Must Register by 2/11 & attend Seminar Friday 2/17. Checks will be issued at end of tournament
- 4. Group Dinner after tournament

Referees must attend the Referee Meeting on FRI 2/17/17 at 6840 Watt Ave, North Highlands, CA 95660. Only the first 50 registered referees will be accepted. Your support for this tournament is greatly appreciated. Please fill out the form below and submit to the address below

Full Name			Phone ()						
Address	ddress		City						
D.O.B.	Age	Rank							
School Name	Instructor's Name								
Address		City	Zip	Phone					
I am able to officiate as	:								
	Check the box	Center Referee	Corner Judge						

NOTE: In order to run a smooth and organized tournament, Robinson's Taekwondo reserves the right to choose volunteers and to reassign the preference that was chosen above.

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the said 2017 15th Annual Sacramento Invitational Tae Kwon Do Championship and hereby assume full responsibility for any and all damages, injuries or losses that I may sustain or incur, if any, while attending or participating, and I waive all claims against the promoters, or operators and sponsors of said 2017 15th Annual Sacramento Invitational Tae Kwon Do Championship, individually or otherwise for any claim for injuries that I may sustained. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto. If under 18 years of age this release and consent must also be signed by parent or guardian.

SIGNED

Referee

Parent/Guardian if under 18 years of age

DATE____

		Refere	e Hono	r a r i u m	1	
Non Certified Referee	USAT Certified D Level	USAT Certified C Level	USAT Certified B Level	USAT Certified A Level	International Referee	USAT Certified Poomsae
\$40	\$50	\$60	\$70	\$80	\$100	Additional \$10