



# 20th ANNUAL SACRAMENTO INVITATIONAL TAE KWON DO CHAMPIONSHIP

June 3rd, 2023

West Park High School, 2401 Panther Pl, Roseville, CA 95747  
 Register online at: [WWW.SACINVITATIONAL.COM](http://WWW.SACINVITATIONAL.COM)  
 Text or Call for more Info: (916) 288-9830

**Daedo Electronic Hogu will be used for All Black Belt Divisions. Daedo Socks are required.**  
 You may purchase Daedo Socks on their website at: <http://www.daedousa.com/electronic-foot-sensor-socks.html>

## KYOROOGI WEIGHT DIVISIONS

### Attention

The 20 point Gap will be used for this Tournament for ALL Divisions

#### Black Belts 10-11

Boys Weight (lbs)	Girls Weight (lbs)
66.0 lbs. & Under	66.0 lbs. & Under
66.1 - 77.0 lbs.	66.1 - 77.0 lbs
77.1 - 90.2 lbs.	77.1 - 90.2 lbs
90.3 - 101.2 lbs.	90.3 - 101.2 lbs
101.3 - 115.0 lbs.	101.3 - 115.0 lbs
115.1 lbs. & Over	115.1 lbs. & Over

#### Black Belts 12-14

Boys Weight (lbs)	Girls Weight (lbs)
75.0 lbs. & Under	70.0 lbs. & Under
75.1 - 87.0 lbs.	70.1 - 82.0 lbs.
87.1 - 100.0 lbs.	82.1 - 94.0 lbs.
100.1 - 112.0 lbs.	94.1 - 106.0 lbs.
112.1 - 125.0 lbs.	106.1 - 120.0 lbs.
125.1 lbs. & Over	120.1 lbs & Over

#### Black Belts 15-17

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	105.8 lbs. & Under (48 kg)	97.0 lbs & Under (44 kg)
Bantam/Feather	105.9 - 121.3 lbs. (48-55 kg)	97.1 - 108.0 lbs (44-49 kg)
Light/Welter	121.4 - 138.9 lbs. (55-63 kg)	108.1 - 121.3 lbs (49-55 kg)
Light Middle/Middle	139.0 - 160.9 lbs. (63-73 kg)	121.4 - 138.9 lbs (55-63 kg)
Light Heavy/Heavy	161.0 lbs. & Over (73kg & Over)	139.0 lbs & Over (63 kg & Over)

### Duration of Rounds:

Age 11 & Younger All Belts	Age 12 & Older All Belts	Age 15 - 32 Black Belts	Age 15 - 32 Black Belt Finals
2 - 60 Second Rounds	2 - 60 Second Rounds	2 - 90 Second Rounds	3 - 90 Second Rounds

30 Second rest between rounds. All Rounds stated may be changed if deemed necessary

**Kyoroongi Divisions:** The Sacramento Invitational Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. In the event that the Tournament Committee cannot find a suitable match, we will attempt to arrange an exhibition match. If a suitable match cannot be made, you will be awarded a gold medal for an uncontested win.

#### Black Belts 18-32

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	127.9 lbs. & Under (58 kg)	108.2 lbs & Under (49 kg)
Bantam/Feather	128.0 - 150.4 lbs. (58-68 kg)	108.3 - 125.8 lbs (49-57 kg)
Light/Welter	150.5 - 176.5 lbs. (68-80 kg)	125.9 - 147.8 lbs (57-67 kg)
Middle/Heavy	176.6 lbs. & Over (80 kg & Over)	147.9 lbs & Over (67 kg & Over)

#### All Color Belts, All Ages & Black Belts Ages 9 & Under and 33 & Above

MALE DIVISIONS				FEMALE DIVISIONS		
AGES	LIGHT	MIDDLE	HEAVY	LIGHT	MIDDLE	HEAVY
5 & Under	42.7 lbs. & Under	42.8 - 55.0 lbs.	55.1 lbs. & Over	40.0 lbs. & Under	40.1 - 55.0 lbs	55.1 lbs. & Over
6-7	50.0 lbs. & Under	50.1 - 65.0 lbs.	65.1 lbs. & Over	47.5 lbs. & Under	47.6 - 66.7 lbs	66.8 lbs. & Over
8-9	65.0 lbs. & Under	65.1 - 80.0 lbs.	80.1 lbs. & Over	64.7 lbs. & Under	64.8 - 79.7 lbs	79.8 lbs. & Over
10-11	81.0 lbs. & Under	81.1 - 96.7 lbs.	96.8 lbs. & Over	82.0 lbs. & Under	82.1 - 97.0 lbs	97.1 lbs. & Over
12-14	103.0 lbs. & Under	103.1 - 118.0 lbs.	118.1 lbs. & Over	105.0 lbs. & Under	105.1 - 120.0 lbs	120.1 lbs. & Over
15-17	137.0 lbs. & Under	137.1 - 152.0 lbs.	152.1 lbs. & Over	117.0 lbs. & Under	117.1 - 132.0 lbs	132.1 lbs. & Over
18-32	157.0 lbs. & Under	157.1 - 170.0 lbs.	170.1 lbs. & Over	125.0 lbs. & Under	125.1 - 147.0 lbs	147.1 lbs. & Over
33-39	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
40-49	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
50 & Over	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over