

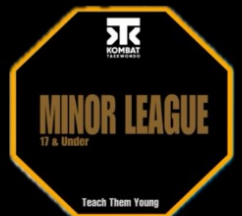


SACRAMENTO INVITATIONAL

SATURDAY, JUNE 7, 2025

West Park High School
2401 Panther Pl, Roseville

- DIVISION FOR 1ST TIMERS
- KT RANKING POINTS
- PREPARE FOR USAT & AAU NATIONAL TOURNAMENTS
- REGISTER BY MAY 19TH AND SAVE \$20
- REGISTRATION WILL BE CUT OFF AT 300 COMPETITORS



\$125

1ST EVENT

\$15

GENERAL ADMISSION

REGISTER NOW



FOR MORE INFORMATION
TEXT OR CALL: (916) 288-9830



WWW.SACINVITATIONAL.COM



22nd ANNUAL SACRAMENTO INVITATIONAL TAE KWON DO CHAMPIONSHIP

June 7th, 2025

West Park High School, 2401 Panther Pl, Roseville, CA 95747

Register online at: **WWW.SACINVITATIONAL.COM**

Text or Call for more Info: (916) 288-9830

Message from the Tournament Director



Master Clinton S. Robinson

Dear Esteemed Grandmasters, Masters, Instructors, Competitors, Referees, and Parents,

It is with immense pleasure and honor that Grandmaster and I extend our heartfelt invitation for your participation in the esteemed 22nd Annual Sacramento Invitational Taekwondo Championship, scheduled for June 7th, 2025. This thrilling event will take place at the esteemed venue of West Park High School.

Dedicated to fostering a platform of competitive excellence, the Sacramento Invitational welcomes practitioners of all ages and skill levels, ranging from novices to seasoned national contenders. With a steadfast commitment to fairness and enjoyment, our tournament endeavors to ensure a positive experience for every participant, with ongoing enhancements to elevate the overall event quality.

Renowned for its adherence to electronic scoring systems by True Score, esteemed Certified Black Belt Judges, and meticulously padded competition rings, our championship serves as a vital preparatory ground for athletes aspiring to excel at the national level.

In a momentous addition, we are thrilled to have Kombat Taekwondo Division in Northern California, promising an exciting new dimension to our tournament.

Mark your calendars for June 7th, 2025, as we eagerly anticipate your presence at the Sacramento Invitational Taekwondo Championship.

Warm regards,

Master Clinton S. Robinson
Tournament Director

Schedule of Events

Register online Early and SAVE
Early Registration Ends Saturday, May 19, 2025

Online Registration Ends Saturday, May 31, 2025

Saturday, June 7, 2025

		Check In Times
Ticket Booth Opens		7:30 AM
Volunteer Check-in		7:30 AM
Weigh-ins	ONLY required for Olympic Sparring & Kombat TKD	7:30 AM - 8:15 AM
Competitor Card Pick Up and Check-in		8:00 AM - 8:45 AM
Doors Open		8:00 AM
9 & Under - ALL RANKS	Poomsae, Olympic Sparring, Combat Weapons, Board Breaking, Rapid Kick, Weapons, Kombat TKD	9:00 AM
Opening Ceremony	ALL Masters, Coaches & Competitors	12:00 PM
Lunch Break	ALL COMPETITION	12:30 PM
10-14	Poomsae, Olympic Sparring, Combat Weapons, Board Breaking, Rapid Kick, Weapons, Kombat TKD	1:00 PM
15 & Above	Poomsae, Olympic Sparring, Combat Weapons, Board Breaking, Rapid Kick, Weapons, Kombat TKD	3:00 PM

All times subject to change. FINAL Schedule will be Email or Texted to all participants by Friday, June 6th.

We will do our BEST to stick to the times posted. We appreciate your patience and understanding!



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COMPETITION RULES & REGULATIONS

The Organizing Committee recognizes that each school may have a different belt color system. Please refer to the rank & color

COLOR BELT CHART

Rank	10-9-8-7	6-5	4-3	2-1	Poom-Dan
USAT/Kukkiwon Belt Colors	White-Yellow-Orange	Green-Purple	Blue	Brown-Red	Black
Poomsae: Taeguek	1 or 2	3 or 4	5 or 6	7 or 8	Designated Rank

POOMSAE: Poomsae competitors must perform only the Poomsae designated for their specific rank. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Authorized Poomsae are those approved by the World Taekwondo Federation: Taeguek 1-8 and black belt Poomsae:

KYOROOGI: The current USAT competition rules will govern this championship. The Organizing Committee may modify some rules according to the local conditions. It also reserves the right to combine or divide weight categories depending on the number of players in their respective groups. The Sacramento Invitational Tournament Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. In the event that the Tournament Committee cannot find a suitable match, we will attempt to arrange an exhibition match. If a suitable match cannot be made, you will be awarded a gold medal for an uncontested win. There will be no refund due if no suitable match can be made.

KYOROOGI Rules for Ages 7 & Under (All Belts) and Ages 11 & Under (Color Belt Divisions)

Sparring competitors, ages 11 & under (color belts) and 7 & under (all belts), may not make head contact at any time during the competition. Any competitor who executes a technique to the head area will be subject to one of the following actions:

- Any technique attempted to the head area but does not make contact will be given a warning by the referee (Kyong-go).
- Any technique which causes injury to the head area will result in a one-point deduction by the referee (Gamjeom)
- If the competitor cannot continue because of injury caused by contact with the head area, the attacker will be disqualified.
- The referee, with or without consultation with the tournament medical staff, shall determine if there is an injury and if the attack is excessive or non-excessive.

Note: Inability to continue competition because of fright, crying or loss of will following a legal kick to the body, does not constitute grounds for disqualification of the attacker.

KYOROOGI Rules for Competitors Ages 8-11 (Black Belts), Ages 12-14 (All Belts), and Ages 15-17 (Color Belts)

- The competitor is allowed to kick to the facial area; however, the kick must be **LIGHT** contact with appropriate control without causing any injury or excessive contact, or the appropriate penalty shall be invoked.
- The competitor who executes a successful technique (light contact without causing injury) shall be awarded three (3) points.
- The competitor who executes a kick to the face which results in a minor injury, shall receive a one-point deduction ("Gam-jeom"). A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The referee, with or without consultation with the tournament medical staff, shall determine if the abrasion or bleeding is a minor injury and if the attack is a non-excessive one.
- The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified. The referee, with or without consultation with the tournament physician, shall determine if an excessive contact, and if the injury is a major one.

Note: Inability to continue because of fright, crying or loss of will, following a LEGAL kick to the head, does not constitute grounds for disqualification of the attacker.

Excessive contact to the facial or head area:

- Even in the absence of visible injury, such as slight bleeding or abrasion, the referee may deem the contact to be excessive and declare the appropriate penalty.
- Where Junior Competition Rules are in effect per USAT Article 1.B, the competitor who executes a successful technique to the face (light, controlled contact without causing any injury) shall be awarded three points. This is to better align with current WTF standards; however, the criteria for "excessive contact" will continue to be strictly enforced.
- 8-Count: Under Junior Competition Rules, the referee should NOT give an 8-count for ANY technique, even a legal one, to the head area; if a kick to the head is powerful enough to warrant an 8-count it should be considered excessive, and the appropriate penalty should be declared. However, the referee can and should begin an 8-count for a legal kick to the trunk area that results in a knock-down condition.

Competition Category	Punch to Body	Kick to Body	Turning Kick to Body	Kick to Head	Turning Kick to Head
Black Belts 15-17 & 18 - 32	1 Point	2 Point	4 Points	3 Points	5 Points
Black Belts 8-11 & 12-14	1 Point	2 Point	4 Points	3 Points	5 Points
Black Belts 7 & Under	1 Point	2 Point	4 Points	N/A	N/A
33 & Over All Belts	1 Point	2 Point	4 Points	3 Points	N/A
Color Belts 12 - 17	1 Point	2 Point	4 Points	3 Points	N/A
Color Belts 4 - 11	1 Point	2 Point	4 Points	N/A	N/A



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West Park High School, 2401 Panther Pl, Roseville, CA 95747

Register online at: WWW.SACINVITATIONAL.COM

Text or Call for more Info: (916) 288-9830

Daedo Electronic Hogu will be used for All Black Belt Divisions. Daedo Socks are required.

You may purchase Daedo Socks on their website at: <http://www.daedousa.com/electronic-foot-sensor-socks.html>

KYOROOGI WEIGHT DIVISIONS

Attention

The 20 point Gap will be used for this Tournament for **ALL Divisions**

Black Belts 10-11

Boys Weight (lbs)	Girls Weight (lbs)
66.0 lbs. & Under	66.0 lbs. & Under
66.1 - 77.0 lbs.	66.1 - 77.0 lbs
77.1 - 90.2 lbs.	77.1 - 90.2 lbs
90.3 - 101.2 lbs.	90.3 - 101.2 lbs
101.3 - 115.0 lbs.	101.3 - 115.0 lbs
115.1 lbs. & Over	115.1 lbs. & Over

Black Belts 12-14

Boys Weight (lbs)	Girls Weight (lbs)
75.0 lbs. & Under	70.0 lbs. & Under
75.1 - 87.0 lbs.	70.1 - 82.0 lbs.
87.1 - 100.0 lbs.	82.1 - 94.0 lbs.
100.1 - 112.0 lbs.	94.1 - 106.0 lbs.
112.1 - 125.0 lbs.	106.1 - 120.0 lbs.
125.1 lbs. & Over	120.1 lbs & Over

Black Belts 15-17

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	105.8 lbs. & Under (48 kg)	97.0 lbs & Under (44 kg)
Bantam/Feather	105.9 - 121.3 lbs. (48-55 kg)	97.1 - 108.0 lbs (44-49 kg)
Light/Welter	121.4 - 138.9 lbs. (55-63 kg)	108.1 - 121.3 lbs (49-55 kg)
Light Middle/Middle	139.0 - 160.9 lbs. (63-73 kg)	121.4 - 138.9 lbs (55-63 kg)
Light Heavy/Heavy	161.0 lbs. & Over (73kg & Over)	139.0 lbs & Over (63 kg & Over)

Duration of Rounds: Best of 3 System

Age 11 & Younger All Belts	Age 12 & Older All Belts	Age 15 - 32 Black Belts	Age 15 - 32 Black Belt Finals
3 - 60 Second Rounds	3 - 60 Second Rounds	3 - 90 Second Rounds	3 - 90 Second Rounds

30 Second rest between rounds. All Rounds stated may be changed if deemed necessary

Kyoroogi Divisions: The Sacramento Invitational Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. In the event that the Tournament Committee cannot find a suitable match, we will attempt to arrange an exhibition match. If a suitable match cannot be made, you will be awarded a gold medal for an uncontested win.

Black Belts 18-32

Divisions	Men Weight (lbs)	Women Weight (lbs)
Fin/Fly	127.9 lbs. & Under (58 kg)	108.2 lbs & Under (49 kg)
Bantam/Feather	128.0 - 150.4 lbs. (58-68 kg)	108.3 - 125.8 lbs (49-57 kg)
Light/Welter	150.5 - 176.5 lbs. (68-80 kg)	125.9 - 147.8 lbs (57-67 kg)
Middle/Heavy	176.6 lbs. & Over (80 kg & Over)	147.9 lbs & Over (67 kg & Over)

All Color Belts, All Ages & Black Belts Ages 9 & Under and 33 & Above

MALE DIVISIONS				FEMALE DIVISIONS		
AGES	LIGHT	MIDDLE	HEAVY	LIGHT	MIDDLE	HEAVY
5 & Under	42.7 lbs. & Under	42.8 - 55.0 lbs.	55.1 lbs. & Over	40.0 lbs. & Under	40.1 - 55.0 lbs	55.1 lbs. & Over
6-7	50.0 lbs. & Under	50.1 - 65.0 lbs.	65.1 lbs. & Over	47.5 lbs. & Under	47.6 - 66.7 lbs	66.8 lbs. & Over
8-9	65.0 lbs. & Under	65.1 - 80.0 lbs.	80.1 lbs. & Over	64.7 lbs. & Under	64.8 - 79.7 lbs	79.8 lbs. & Over
10-11	81.0 lbs. & Under	81.1 - 96.7 lbs.	96.8 lbs. & Over	82.0 lbs. & Under	82.1 - 97.0 lbs	97.1 lbs. & Over
12-14	103.0 lbs. & Under	103.1 - 118.0 lbs.	118.1 lbs. & Over	105.0 lbs. & Under	105.1 - 120.0 lbs	120.1 lbs. & Over
15-17	137.0 lbs. & Under	137.1 - 152.0 lbs.	152.1 lbs. & Over	117.0 lbs. & Under	117.1 - 132.0 lbs	132.1 lbs. & Over
18-32	157.0 lbs. & Under	157.1 - 170.0 lbs.	170.1 lbs. & Over	125.0 lbs. & Under	125.1 - 147.0 lbs	147.1 lbs. & Over
33-39	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
40-49	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over
50 & Over	167.0 lbs. & Under	167.1 - 182.0 lbs.	182.1 lbs. & Over	135.0 lbs. & Under	135.1 - 150.0 lbs	150.1 lbs. & Over



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Register online at: **WWW.SACINVITATIONAL.COM**

Text or Call for more Info: (916) 288-9830

OFFICIAL ENTRY APPLICATION

**Pre-Register and Save at www.sacinvitational.com. Both sides of application must be completed.*

Last Name _____ First Name _____

Address _____ City _____

Zip _____ Email Address _____

D.O.B. _____ Age _____ Sex: M or F Height _____ Weight _____ lbs.
(Circle One)

Evening Phone () _____ Day Phone () _____

School Name _____ Instructor's Name _____

BELT COLOR:

Check the box	<input type="checkbox"/> White	<input type="checkbox"/> Yellow	<input type="checkbox"/> Orange	<input type="checkbox"/> Green	<input type="checkbox"/> Purple	<input type="checkbox"/> Blue	<input type="checkbox"/> Brown	<input type="checkbox"/> Red	<input type="checkbox"/> Black
	Taeguk:	1 or 2		3 or 4		5 or 6	7 or 8		Designated Black Belt Poomsae

Poomsae (Forms) _____ Gyorooigi (Sparring) _____ Breaking _____ Rapid Kick _____
(Boards must be purchased at venue)

1st Timer _____
(Check for First Time Competing)

Weapons _____ KOMBAT TKD _____ Combat Weapons _____

Sparring Competition will start immediately after Poomsae Competition!!

MANDATORY PROTECTIVE EQUIPMENT

NO EXCEPTIONS!!

- | | | |
|---------------|-------------------|---------------|
| • HEAD GEAR | • CHEST PROTECTOR | • ARM GUARDS |
| • SHIN GUARDS | • PROTECTIVE CUP | • MOUTH PIECE |

Make all money orders/cashier's checks payable to: **Robinson's Taekwondo**

Mail completed entry form to:

ROBINSON'S TAEKWONDO
6840 Watt Ave
North Highlands, CA 95660
(916) 332-6979

WWW.SACINVITATIONAL.COM

ENTRY FEE

1 Event.....\$105 **(Early Registration)**
1 Event.....\$125 **(After May 19th)**
1 Event.....\$145 **(After May 31st)**

\$25 Each Additional Event

Registration at the Door

1 Event.....\$150



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LIABILITY WAIVER FORM, ASSUMPTION OF THE RISK DECLARATION AND RELEASE AND INDEMNIFICATION AGREEMENT FOR THE 22nd ANNUAL SACRAMENTO INVITATIONAL TAEKWONDO CHAMPIONSHIP June 7, 2025

**Pre-Register and Save at www.sacinvitational.com.*

In consideration for the privilege of participation in The 2023 20th Annual Sacramento Invitational Taekwondo Championship, I hereby assume the risk during participation, and waive any and all rights to recovery from, (for personal injury sustained during The 2023 20th Annual Sacramento Invitational Taekwondo Championship), and subsequently hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, West Park High School, Volunteers and any agents, representatives or spokespersons of such above mentioned entities.

The AGREEMENT shall apply to any form of participation related to the Tournament and is not limited to: general participation, traveling to and from the competition, competing during the competition, watching others compete, coaching, aiding participate, as well as any and all activities related to the Tournament.

As a participant, I recognize and assume the risk that, as a participant in the Fighting Competitions, other participants and competitors will be using all techniques possible to win such competitions. As a result of such techniques, I assume the risk that I will be subject to :KICKS TO VARIOUS PARTS OF THE BODY, PUNCHES TO VARIOUS PARTS OF THE BODY AND GENERAL COMBATIVE TECHNIQUES, which may result in injury.

I certify that I am healthy and have not been advised by any doctor, coach, or trainer not to compete for medical or other reason. In addition, I hereby grant permission for trained medical technicians to provide first aid to me in the event of an injury, and such, will hold harmless such technicians for all services performed in a reasonable manner. I hereby accept any and all financial obligations incurred as a result of such immediate medical treatment and subsequent related costs. I agree to indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, Antelope High School and any agents, representatives, or spokespersons of such above mentioned entities, for all costs related to treatment administered during Tournament.

I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto.

I certify that I am familiar with the rules, sports, and nature of Taekwondo. I realize as a participant, there is a high risk of injury due to the very nature of Taekwondo. I assume all risks related to this Tournament and hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, West Park High School, Volunteers and any agents, representatives, or spokespersons of such above mentioned entities.

This Waiver and assumption of the risk shall apply to all participants, heirs, assigns, parents, guardians, executors, and as such I agree to hold harmless and will indemnify the Organizers, Robinson's Taekwondo, Clinton Robinson, West Park High School, Volunteers and any agents, representatives, or spokespersons for such above mentioned entities

SIGNED _____ DATE _____
Contestant Parent/Guardian if under 18 years of age

Emergency Contact:

Name: _____ Relationship _____ Phone _____

Medical Insurance Information:

Insurance Co: _____ Policy # _____ Exp Date: _____

Subscriber's Name _____ Relationship _____ Phone _____

Address _____ City _____ State _____ Zip _____

Mail completed application along with
payment to:

ROBINSON'S TAEKWONDO
6840 Watt Ave
North Highlands, CA 95660
(916) 332-6979



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OFFICIAL COACHES/MASTERS APPLICATION

**Pre-Register and Save at www.sacinvitational.com*

Full Name _____ Phone () _____
(Last, First)

Address _____ City _____ Zip _____

D.O.B. _____ Age _____ Rank _____

School Name _____ Instructor's Name _____

Address _____ City _____ Zip _____ Phone _____

I am applying for _____ Coach Pass _____ Master Pass

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the said 2025 22nd Annual Sacramento Invitational Tae Kwon Do Championship and hereby assume full responsibility for any and all damages, injuries or losses that I may sustain or incur, if any, while attending or participating, and I waive all claims against the promoters, operators and sponsors of said 2025 22nd Annual Sacramento Invitational Tae Kwon Do Championship, individually or otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion or television shows, and I waive compensation in regards thereto. If under 18 years of age this release and consent must also be signed by parent or guardian.

SIGNED _____ DATE _____
Coach/Master Parent/Guardian if under 18 years of age

Make all money orders/cashier's checks payable to:

ROBINSON'S TAEKWONDO
6840 Watt Ave
North Highlands, CA 95660
(916) 332-6979

FEES

Coach.....\$50
1 Free pass for every 10 Competitors

Master....Free
(Master Pass will not have coaching privileges)



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REFEREE APPLICATION

Robinson's Taekwondo would be honored to have you serve as Tournament Referee at the upcoming event on Saturday June 7th, 2025 at West Park High School. Each Referee will receive:

1. Donuts in the morning in the Hospitality Room
2. Lunch during the luncheon intermission
3. **Must Register by 6/15 Checks will be issued at end of tournament**
4. Group Dinner after tournament

Only the first 30 registered referees will be accepted. Your support for this tournament is greatly appreciated. Please fill out the form below and submit to the address below.

Full Name _____ Phone () _____
(Last, First)

Address _____ City _____ Zip _____

D.O.B. _____ Age _____ Rank _____

School Name _____ Instructor's Name _____

Address _____ City _____ Zip _____ Phone _____

I am able to officiate as:

Check the box	<input type="checkbox"/>	<input type="checkbox"/>
	Center Referee	Corner Judge

NOTE: In order to run a smooth and organized tournament, Robinson's Taekwondo reserves the right to choose volunteers and to reassign the preference that was chosen above.

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the said 2025 22nd Annual Sacramento Invitational Tae Kwon Do Championship and hereby assume full responsibility for any and all damages, injuries or losses that I may sustain or incur, if any, while attending or participating, and I waive all claims against the promoters, or operators and sponsors of said 2025 22nd Annual Sacramento Invitational Tae Kwon Do Championship, individually or otherwise for any claim for injuries that I may sustained. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto. If under 18 years of age this release and consent must also be signed by parent or guardian.

SIGNED _____ DATE _____
Referee Parent/Guardian if under 18 years of age

Referee Honorarium

Non Certified Referee	Certified	International Referee
\$50	\$100	\$150